

## In the News...

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## Cottage Kitchen

On Friday, May 9<sup>th</sup>, the Leadership San Marcos Alumni Association hosted Cottage Kitchen. Thanks to all our hardworking volunteers and to Molly Ann Rosas-Garcia & Greg Wurzbach for taking the lead. Our Chicken and Spinach Enchiladas were a sell out! We served 87 patrons and raised almost \$600 for the Heritage Association of San Marcos!



Back Row...left to right- Greg Wurzbach, Mitsie Benton, Karen Wyatt & Marianne Moore

Front Row Left to right- Molly Ann Rosas-Garcia, Naomi Narvaiz, Jane Hughson.



### MARK YOUR CALENDARS

**June 13th** — LSM Class of 2015 Project Fundraiser

**June 15th** — Deadline for Applications Class of 2016

**June 17th** — Regular Board Meeting

### Mission of Leadership San Marcos

To identify, inform, educate, and motivate individuals to participate in programs and activities that will improve the San Marcos community.



FRONT



BACK

The Leadership San Marcos Class of 2015 are participating in a fundraiser selling the above commemorative coins. These are on sale at this time for \$20.00 each. Please show your support to this class by purchasing the Challenge coins. Please help to support this class in their endeavor to restore the San Marcos 1926 American La France Pumper Truck.

You're Invited to Roast Commissioner Will Conley to help save Ole' Betsy Friday June 13, 2014 6 P.M.—10 P.M. at Dick's Classic Garage—San Marcos. Dinner and Drinks are Included.



Tables Sponsorship will be \$500.00  
 Individual Tickets will \$75.00, Couples \$130.00  
 This will be sponsored by Leadership San Marcos Class of '15  
 Call 512-392-2458  
 San Marcos Record  
 To Reserve Your Table  
 Tax Deductible Contributions 501-(3c) organizations

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## RECRUITING NEW LEADERS— DEADLINE APPROACHING

The time is now to “think” referrals for the next Leadership San Marcos Class. Who do you know? Perhaps you have friends, business colleagues, church peers, neighbors, or social acquaintances that could bring their talents to the next Leadership class. Remember, it is now a two-year commitment, and the next graduating class will be in 2016.

The Selection Committee, under the capable leadership of Jeremiah Pizana, is asking for all alumni to submit one referral. The Selection Committee has sent out candidate referral letters with all the information the candidate will need to submit an application. Awareness, enthusiasm, and support for the LSM program by all alumni is the key to this program’s continued success. You are all Leadership!

**The application deadline is June 15th, 2014, and the Selection Committee hopes to have all candidate interviews completed by June 30th, 2013.** We thank each of you for sending your referrals to Jeremiah Pizana at [pizana005@gmail.com](mailto:pizana005@gmail.com).

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## THE 2014-2015 LSM BOARD OF DIRECTORS

President	Mitsie Benton, Ignite Nutrition Associated w/Rapid Nutri.
President-Elect	MollyAnn Garcia, State Farm
Secretary	Karen Wyatt, Blue Sky Mortgage
Treasurer	Dorothey Evans, Texas State University
Events Coordinator	Brandee Otto, Individual Member
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Internal Communications	Dannette Elliot, Texas State University
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Class Selection, 2017	Bonnie Hughson, Sur-Pwr Battery
Facilitator Co-Chair	Liz Castaneda, Texas State University
Facilitator Co-Chair	Teresa Lauderdale, Grande Communications
Executive Director*	Rick Bell, McCoy Corporation

\* Non-voting chair position

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# MESSAGE FROM THE PRESIDENT

## Commitment

What do you think of when you hear the word "Commitment"? Some would say commitment is to resolve in your mind to lay aside the fear of inadequacy. There are those who shy or run away from making a commitment, therefore never taking action possibly from the fear of failure. Often they use the excuse that they are too busy. Henry David Thoreau said, "It is not enough to be busy....The question is what are we busy about?"

Then there are others that eagerly accept the challenge of the commitment and strive to achieve the mission with tenacity and pride. They are the makers and the shakers in taking action to accomplish the mission at hand. Sir Winston Churchill stated, that "Success is the ability to go from one failure to another with no loss of enthusiasm."

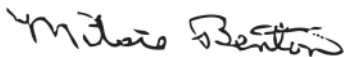
It seems as though we as leaders want to accomplish the mission of the commitment whatever it may be. Leaders strive to make things better for all concerned. With that being said, so often I have seen leaders in organizations that would take on commitments until their plate was stacked so high they could not see beyond themselves and their place in the community.

I too have found myself in the predicament of becoming so over-committed that I get frustrated and sometimes fail to perform the mission to the best of my ability. I can look back and laugh now, but at the time it did not seem so funny. An example of this was a couple of weeks ago. Even though I thought I had everything all scheduled out, the dates got changed and everything seemed due at the same time. Now trying to get everything accomplished in the short time frame caused frustration and doubt. I had accomplished several commitments that morning. Being proud of what I had accomplished, I put on yet another hat and made a delivery for my business. After having a conversation with my customer, I left to grab something out of my truck only to discover that in my haste I had locked my keys in my truck.

So I've learned, the lesson is not to sit back and just not make any commitment, but to stay organized and structured planning out the next move to carefully finish the commitment at hand before rushing through to the next commitment in anticipation. I have always heard from a young age that haste makes waste. There is some truth in that statement as I had to wait approximately one and a half hours before I could get my vehicle unlocked so I could move on to the next venture.

So I encourage you to reexamine your level of commitment to your family, friends, workplace and your community. Build downtime into your schedule. When you plan your week, make it a point to schedule time with your family and friends, and activities that help you recharge. Beat burnout by making more time for the activities and people that matter most to you.

Your President,



Mitsie Benton, President  
Leadership San Marcos  
Class 2011

## Top Ten Truths About Commitment

The word commit comes from the Latin word *committere*, which means to connect, entrust.

When we stand behind our words, we demonstrate commitment. Commitment exists when our actions meet the expectation of our words - when there's a congruency between intent, words and action.

Consider the following concepts & may they inspire you to live from your commitments!

**1. Commitment is connection!** Commitment is the connection between our values, intentions and our actions. Connection is the coming together of more than one element, while commitment is the giving of our selves to it, the surrender. The connections we make generate our commitments, just as our commitments generate more profound connections.

**2. Passion: the essence of commitment!** Passion is that which deeply stirs us. It's the fire from within and that which motivates us. When passion is missing, our actions lack meaning and we don't get the results we want. Without passion, our actions are obligatory and lack velocity. Commitment emanates from passion -- passion is the seed from which commitment blossoms!

**3. Commitment = persistence.** If one is committed, one's support is uncompromising and unending. One is willing to do anything in support of the commitment. This applies to love as much as it applies to professional or global commitments. Commitment drives us and anchors us during challenging times. Commitment helps us to maintain our integrity; we persist to that which we're committed.

**4. Commitment is conscious!** Commitment requires insight and self-awareness -- one must know what one's values and ideals in order to commit to them! Do you know someone who's a conscientious and productive worker but who's not happy? Such a person frequently lacks insight and self-awareness - commitment is difficult if you don't know what's most important to you! Commitment requires an ability to observe self and make conscious decisions.

**5. Commitment is purposeful.** Commitment involves choice - saying yes to our values and to our passions! Commitment is never haphazard or random. While we may lose our perspective from time to time, commitment always involves choice and intent. Commitment enables us to be purposeful.

**6. Commitment is self-expression.** Self-expression is the culmination of who we are and how we're being. When there's perfect alignment and congruency between who we are and how we're being, we are authentic and fully self-expressed. This is wonderfully fulfilling! If commitment is the ultimate expression of our values and who we are, self-expression is a core ingredient of commitment.

**7. Vision brings forth our commitment.** Does commitment generate the envisioning process, or does vision generate commitment? Either way, commitment and vision are inexplicably tied together. Expand your vision while you deepen your commitment in order to produce powerful results!

**8. Commitment inspires us to be and do our best.** We aim for the sky and shoot for the stars! We refuse to accept less than the best from our selves and others. Our commitment inspires us to reach for quality and excellence. We continually enlarge and clarify our vision - this contributes to us living our personal best.

**9. Commitment lives in communication.** Communication involves verbal and nonverbal interaction. While commitment lives in the declaration and words, evidence of commitment lives in the actions we take and don't take. Be attentive for evidence of commitment in communication.

**10. Commitment is surrender.** Commitment is the giving of our selves to what we most believe and want. It is the merging of our ideals and our being. We surrender to our ideals and with commitment, live them. We create what we want when we surrender to our commitment.

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## ALUMNI MEMBERSHIP INFORMATION

Leadership San Marcos provides face-to-face contact with peers from various organizations and industries in the community. Networking advantages through Leadership San Marcos include expanding your resources, keeping abreast of new developments, learning about other businesses and industries and making new business contacts.

If you are not already an alumni member, please plan to send your dues in today! Membership only costs \$50 per year and we will gladly provide a receipt. Not only will your dues go towards promoting and enhancing the Leadership San Marcos program, your membership is a great way to stay involved in community events and be a part of great networking opportunities!

**NOTE:** LSM has implemented a PayPal account for renewals and donations! On the LSM homepage at [www.leadershipsanmarcos.com](http://www.leadershipsanmarcos.com), you will find a large yellow "Donate" button for convenient online payment of dues, project donations, or any contributions (as seen below). The PayPal interface provides a comment field so you can specify the purpose for your payment.



In addition, you can also contact any of the 2012-2013 LSM Board of Directors to pay your dues or send them to P.O. Box 1144, San Marcos, TX 78667-1144. If you mail in your dues, please include the invoice or indicate in the memo line of the check that you are submitting your "alumni dues."

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## FEEDBACK WELCOME!

The Board of Directors welcomes your ideas and feedback so that we can continue to provide an invaluable experience for all members of Leadership San Marcos. We take your input very seriously and will strive to meet your needs as we develop class programs, enrichment lunches, and other activities that will not only capture your interest as alumni or class members, but also continue to spark the interest of future leaders in joining our distinguished group.

You may contact our Board President, Mark Newton, via email at [leadershipsm@grandecom.net](mailto:leadershipsm@grandecom.net), or any member of the Board of Directors, to offer your ideas, comments, or concerns. You are also always welcomed to send your thoughts and comments to the Board at P.O. Box 1144, San Marcos, TX 78667-1144.

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\*Please submit feedback regarding the newsletter to [leadershipsm@grandecom.net](mailto:leadershipsm@grandecom.net).